



PU CAP FY 15 - APPR REPORT

Introduction:

CAP-Plan PU operational area is 32 suburban slum communities in Shapur Nagar and Balanagar areas located along the industrial belt in Quthbullapur and Kukatpally municipalities of Greater Hyderabad Municipal Corporation in Telangana. The families below poverty line in Quthbullapur area are estimated at 37%. The project communities are spread over a radius of approximately 6 kms from PU project office along the industrial belt. The population here has been growing rapidly with current population of approximately 225,816 persons and number of households estimated at 44136. These communities are mainly inhabited by low income migrant population from Andhra Pradesh and neighboring states. Majority of these slum-dwellers are dependent on daily wage labour in industries, construction and domestic helpers.

Plan's Child Centred Community Development approach is rights-based in which children, families and communities are active and leading participants in their own development. It enhances their capacity and opportunity to work together with others to address structural causes and consequences of child poverty at all levels. We tend to adopt a segmented approach while addressing the issues of children.

The following achievements and recommendations were consolidated from the Program review reports and consultations at PU level. This response will be followed by a Plan of Action to implement all the agreed recommendations from this report

Promotion and protection of child rights among communities:

2700 adolescent boy and girls were trained on behaviour changes. There was also low awareness on issues related to child marriage and child abuse. Activities were conducted to increase the awareness to the parents on the adverse effects of child marriage and child abuse and on how to prevent them. At the slum level, Child protection committees have been established and trained. So that they can prevent and address the issues related to children in the slums. The committees were trained on how to effectively respond to child protection violations.

2550 children were trained on corporal punishment and reporting mechanism. After the trainings, children were aware of reporting system and child help line numbers. Street Plays program created awareness on importance of education for dropout children, consequences of child marriages, child labor and child rights etc

Quote: "The team from Street Play has provided very useful and good information to all children and parents regarding the child marriage, child labor, child rights and importance of education.

Ms. MAMTA & DIVYA, Mothers at JAGATGIRI NAGAR"

Conducted the training to Auto Drivers on child protection issues. Trainings are conducted at cluster wise, total 200 auto drivers were participated including union leaders and CPC members were participated in this training. They come to know about child rights, child trafficking issues and reporting mechanism. The main agenda was discussed on child protection issues and possco activities, child marriages and child related issues explained in detail.

Quote: Through this program I am able to understand the child rights, I ensure that if I come across any issue related to children, I will share and inform concern persons. **Mr. P.**

Anjaneyulu, Auto Driver at 60 Yards.

Capacity building to CPC members, total 480 (male 42 & female 438) participated on handling reporting and to referrals in case of violation of children rights. Capacity building to selected CPC members was conducted in community wise; in PU the main agenda was focused to CPC members on handling child protection issues, Child Welfare Committee and reporting, redress mechanism to child protection issues.

Quote: Thankful to CAP foundation for these meetings, as a CPC member we got information about CWC and Government homes. **Ms. Sanjeevini, CPC member at Sriram Nagar.**

Right to Early childhood Development and Quality education:

School Readiness trainings were conducted for children in 32 slums. 20 children from each slum were participated. Total 640 children were participated. Children who entered from preschool to primary school were included. This activity mainly focused on promoting education to children. These Sessions were conducted with the involvement of preschool teacher, care taker, cluster volunteer and health coordinator. Children were divided into small groups and make them do school readiness activities like pictures, creative activities, reading, writing, drawing etc. This activity helped children in developing their skills in reading, writing and observation. These skills helped when they entered into primary school.

A workshop on daily Mathematics and Science operations to Primary and Secondary School Teachers was conducted for 25 teachers on Abacus mathematics subject, during this session the resource person has facilitated the sessions and made participants to practice in the class. Through this workshop, the teachers have enhanced their knowledge to use innovative methods to teach children. It is also supports in real life opportunity to daily mathematics in the school. It is very easy for the students to catch counting methods and practicing.

Quote: CAP Plan project given good and useful training to us on Abacus, in this session I have learnt Additions, Subtractions, Multiplications, and Divisions by using the instruments. It is only the introduction session for us, and requesting to provide full course of training and provide related materials to our school. **Ms. B. Annapurna, SA Mathematics, ZPHS Gajularamaram.**

Quote: This training is very much useful to teach children to easily understand the Mathematics and is interesting. **Ms. M. Shailaja, SGT, MPPS, Shapur Nagar.**

Refresher workshop to the Primary and Secondary schools Teachers on CCE (Continuous Comprehensive Evaluation) was conducted for primary and secondary school teachers in our operational areas of 32 schools. There are 28 teachers participated, among them 14 are women

and 14 are men. In this academic year, more focus has been taking place in the Government schools. This is the refresher workshop to identify their gaps in terms of practicing it in schools. It is also useful for school based evaluations of children for their assessment to be done on continuous basis throughout the year. The teachers are also in continuous process to assess the children by observing, participating, asking questions, facilitating activities and small assignments.

Quote: The refresher workshop on CCE is very much useful to me, clarified our doubts through this workshop. **Mr. Anjaiah, Teacher ZPHS, Gajularamaram.**

Quote: Every month complex meeting review and experience sharing meetings will be held in Shapur Nagar high school. The reviews will be on CCE methods practices in the schools. **Ms. Nagamani, HM, Ambedkar Nagar.**

The refresher workshop is conducted on compulsory education RTE Act, 2009 with 33 Teachers, 16 are women and 17 are men. In this workshop, discussed about various issues on rights of children for free and compulsory education Act, 2009. Every 6-14 years child should be in the school, children ratio: 1:30, class wise teacher's provision, school rooms and WASH Facilities in the schools. Teachers academic profile, physical and mental harassments and ensure that all round development of the children in the school has to be improved.

Quote: It was very good programme organized by the CAP Plan project, and refreshed on RTE Act, I have learnt about our roles and responsibilities in the school. **Mr. Mohd. Arsha D. Hussain, ZPHS Nehru Nagar.**

Lessons learnt and Areas of Improvement:

- Controlling the drop out children in the community and schools.
- Enhance the teacher's knowledge towards the mathematics subject.
- Mainstreaming and networking with the Government is one of the critical issues for sustainability of the programme.

The Right to Optimal health:

Awareness Program to adolescent girls on health & ASRH at community level was conducted to 800 adolescent girls (32 groups at 25 members in each group) for 2 times in 32 communities. These two sessions gave awareness on red book, anemia, symptoms, prevention, menstrual hygiene, awareness on HIV/AIDS and sexually transmitted infections and the final session was on clarifying their doubts and worries regarding adolescent sexual reproductive health and overall sessions. Through community consultation sessions, we are able to clear lot of doubts of adolescent girls regarding their personal hygiene, health and nutritional care.

Quote: I am very much inspired by this session. I liked this program very much. It has given me a great social awareness. I am very much happy to be here. **Ms. B. N. Roj, adolescent girl participant at 60 Yards.**

Awareness session was conducted to adolescent boys in 32 communities on ASRH. 800 adolescent boys were participated. This session was facilitated by resource person. Sessions conducted in participatory and lecture methods. The main objectives were addressing the

Adolescent health needs & problems that include sexual and reproductive health, current service provision such as STI, HIV/AIDS, and usage of health services by adolescents. Large group and small group discussion were done.

Quote: In this program we have learnt about sexual changes in male and female, about AIDS disease causes, symptoms and prevention of HIV and clarified our doubts, it was very use full for us, and thanks to CAP-PLAN. **Mr. K. Ganesh, adolescent boy participant at Maqдум nagar**

Celebrated safe motherhood day event in 30 communities. Total 750 pregnant women were become aware on precautions, importance of institutional deliveries, nutrition, immunization and information on identification of danger signals, safe birth preparedness, and family support to the pregnant women on their psychological disturbances, post natal care and enrolling for birth certificates etc. These sessions helped pregnant women in institutional deliveries, exclusive breast-feeding, postnatal care, nutrition, about TT vaccines, and birth preparedness.

Quote: Now I am able to understand how many vaccines should be taken during pregnancy and know about how much weight should be gained. **Ms. Sirisha, Woman participant at Srinivasnagar.**

Awareness to mothers on malnutrition & growth monitoring at community level

Conducted two awareness sessions to 960 mothers on causes and consequences of malnutrition, prevention and management of growth monitoring of children in 32 communities. In these two sessions we included mothers having child with low birth weight.

Quote: Today we discussed on nutrition deficiency causes in children; we come to know about the prevention and growth improvement in children. **Ms. Manjula, mother at Shapur Nagar**

Lessons learnt and Areas of Improvement

- Creating awareness to mothers on malnutrition which is resulted in reduction of percentage in malnutrition
- Institutional deliveries are increased and there is no maternal death.
- Creating awareness and sensitizing the mothers on immunization is resulted to percentage of fully immunized children
- Need to work more with Health workers for proper functioning.
- Strengthening peer groups and involving parents.

The Right to Drinking water and clean environment:

Conducted class wise session to build the capacity on hygiene promotion techniques with children in 30 schools. In this session class wise syllabus was explained from 1st class to 8th class which was provided by Plan India. Total 8825 (4590 Girls and 4235 boys) children were participated. This session was mainly focused on water purification methods, safe water, f-chart, better sanitation, personnel hygiene, menstrual hygiene for girls, and usage of incinerator, kitchen waste management and solid waste management.

Quote: CAP-Plan explained about health and hygiene. Washing our hands before taking meals, after defecation, and about personnel hygiene especially in menstrual periods time how to take precautions and use water when we use wash rooms. Through construction of Rain water harvesting pits water conservation can be achieved in schools and home. **Ms. Archana, 13 year old school girl, ZPHS Jagathgirinagar”**

Awareness to build the capacity of Anganwadi children on WASH were conducted, 2050 Anganwadi children were participated on water and sanitation from 80 Anganwadi centers in operational area. In this session orientation to children through songs on hand wash practices and stories on personnel hygiene and videos on maintaining cleanness among the children were conducted.

Quote: In APPR consultation Anganwadi worker shared that the CAP-Plan conducted Hand wash meetings, which leads children to practice hand wash regularly. Request you to give this type of trainings to children in future. These trainings are very useful for children. **Ms. Swetha, Anganwadi worker at LB Nagar**

Conducted Monthly meetings to WASH committee members on monitoring WASH facilities in 30 schools. Total 210 children, 30 SMC members and 30 WASH champions were participated. In monthly meeting agenda was about special days of global hand wash day on 15th October 2014, world toilet day on 19th November 2014 and world water day on 22nd March 2015 and focus was on monitoring WASH facilities in schools and monitoring sheet was updated with SMC members and identified issues in schools.

Quote: In APPR consultation WASH committee member said that, I am maintaining sanitary napkins to be disposed properly in incenetore at the time of monthly periods. **Ms. B. Lavanya, 13 years old school girl at ZPHS Jagathgirinagar**

We have conducted 3 times awareness programs to community members on open defecation in 3 communities and total 150 members were participated. This session mainly focused on hygienic practices, like no to open defecation, practice of solid waste management, safe disposal of kitchen and bathroom water and ensuring proper drainage to vector born diseases.

Quote: In this meeting CAP-Plan explained about the problems we face when we are not using toilets. Construct toilets that do not have toilets and the importance of using toilets.

Ms. Anuradha, woman community member at Krishna Nagar

Lessons learnt and Areas of Improvement

- To strengthen WASH champions for regular monitoring of WASH facilities in schools
- To build the capacity of SMC's on WASH facilities
- To improve the capacity and sensitize school staff, teachers, and head masters on monitoring sanitation facilities in schools.
- To concentrate and work more with WASH committees for the quality sanitation facilities in schools
- More focus to be on open defecation in slums

The Right to Adequate standard of living;

Cluster wise refresher training was conducted to 360 SHG leaders on financial literacy. This training motivated the members to inculcate sound financial planning in their normal decision making process, enabling women to understand their present and future household needs and requirements and also motivated women to save money from present household cash flows for supporting future cash flows and income. Making women aware of various financial services

and products, including savings, credit, investment, insurance, pension, etc., and considerations for availing these services, for achieving their financial goals.

Quote: I am running fancy store, with this fancy store I am getting some income and also some of the members learnt and purchased sewing machines, and opened Kirana stores and Cloth stores. **Ms. Laxmi, SHG Leader**

Quote: Through CAP-Plan Training Program we have learnt regarding bank rules, cash credit loans, and importance of bank loans, availing of loans, and also investment opportunities. **Ms. L. Anuradha, SHG Leader, SCB Nagar**

Long term One Year Diploma Vocational Course: A total 100 Students [Male: 64, Female: 36] are supported in Long Term One Year Diploma Vocational Training. Students from 32 communities trained on employability skills like facilitating technical skills, life skills and communication skills and livelihood skills. A Coordinator was appointed for overall monitoring of the program.

The courses are; Diploma in Physician Assistant [PAD], Diploma in Automobile Engineering Technician [AMD], Diploma in Hospitality Management [HMD], Diploma in Book-Keeping & Accountancy [BKAD].

Quote: I have improved my communication skills and I have learnt life skills like how to behave in work place and how to communicate with others. Now I am very confident for getting good placement. **Ms. Latha, Shapur Nagar**

In Short-term Vocational Course: A total 100 youth from 32 communities [Male: 41, Female: 59] selected and given training on employability skills like facilitating technical skills, life skills & communication skills and Livelihood. We have hired Coordinator for overall monitoring of the program.

Certificate courses offered in Customer Service and Relation [CRS], Certificate in Hospitality Assistant [HA], Certificate in Information Technology and Enabled Services [ITES], Pharmacy Sales Assistant [PSA].

Conducting guest-lectures to students to understand the different industrial scenario, focused on how to improve communication skills and interview skills among the students to face the interviews.

Cluster wise refresher training was conducted to 360 SHG leaders on financial literacy. This training motivated the members to inculcate sound financial planning in their normal decision making process, enabling women to understand their present and future household needs and requirements and also motivated women to save money from present household cash flows for supporting future cash flows and income. Making women aware of various financial services and products, including savings, credit, investment, insurance, pension, etc., and considerations for availing these services, for achieving their financial goals.

Quote: I am running a fancy store, by which I am getting income and some of the SHG members taken me as example and purchased sewing machines, opened Grocery shop and cloth stores. **Ms. Laxmi, SHG Leader**

Quote: Through CAP-Plan Training Program we have learnt regarding bank rules, cash credit loans, and importance of bank loans, availing of loans, and also investment opportunities. **Ms. L. Anuradha, SHG Leader, SCB Nagar**

Lessons learnt and areas of improvement:

- Providing job placement is very complicated to the vocational college students because of migration.
- Difficult to liaison with Government schemes, providing internal financial linkages to Self Help Groups.

The Right to Children's participation as active citizen:

Conducted Bamboo shoots refresher training to 30 youth clubs, in this training we had discussion on origin of rights, articles are explained with action, difference between needs and rights and problem tree with solutions.

Quote: I have attended 3 trainings in 5 days. The topics covered is monitoring essential services, different types of tools, what is the Gender, gender equity and Equality, in Bamboo shoots training origin of rights and articles, Problem solving tree and also learned importance of vote and registration of vote. **Ms. Pinky, Indira Nagar, Youth member**

Conducted training to 10 Child Council consists of 400 children on essential services identification with linkage to child rights. Basic introduction, available of essential services in the community, preparation of mock tools and assessment of essential services tools.

Quote: Today we have learnt about child rights. Today we took school as main topic and drafted the facilities available in school and things need to be developed are listed. **Mr. Ganesh, Jagathgiri gutta, Child council member**

Conducted refresher training to youth clubs on essential services in 6 clusters with 60 member participation. We have trained on identification of essential services with linking to child rights and on social audit process and monitoring and evolution methods of essential services and preparation of essential services tools. Through APPR Consultations the youth members were actively participated in this meeting and they had visited ICDS centers and school for observing (Government) essential services immediately. They prepared essential services mock tools.

Quote: We have visited Government schools and ICDS center for monitoring essential services. We have written some reports on field visit. **Mr. Sunil Raja, Youth member**

Quote: We decided to make commitment for further project meetings, and also we have learnt regarding ICDS centres and government school. Finally we had decided to prepare monitoring tools for essential services. **Mr. P. Shilpa, Youth members, Jagathgiringutta**

Conducted life skills training to 1040 children participants on identity and background, goal setting, values and perception, SWOT analysis, time management and attitude.

Out Come: Through APPR consultations they are able to understand the importance of life skills and they conducted SWOT analysis for themselves.

Quote: In today's meeting we understood the importance of Life skills, and we have learnt about attitude, goal setting, and time management. **Ms. K. Akhila, Participant at Jagathgirinagar**

Quote: Through this training I have learnt so many good things. For example time management, goal setting, values and perception and attitude. If we waste the time it will not come back, we have to plan our time effectively. And also we have to create our goals as

realistic, time bound, measurable and achievable. I also came to know about SWOT analysis.

Ms. SD. Shaista Begum. Participant at Suraram Village

Interface meeting with SMCs, SHG and Government departments was conducted at community level in 6 clusters with 1500 members of participants. In this meeting we had discussion regarding skill development courses for career growth, drop out children and functioning of child protection committees in the community level.

Quote: Today meeting was good, because, after 10th fail / drop out students if they have to continue their studies this training is very useful. They will improve their career with skill development courses which will in turn improve family wealth. If the families get well status then the status of state will improve. **Ms. N. Bhagya Laxmi, AW Worker, Maqdum Nagar**

Quote: Today we have discussed regarding school drop outs, we all are identified dropouts, and we will try to rejoin these dropouts to regular school if their age permits, otherwise we will promote students for open schooling. **Ms. Sony, SMC member, VV Nagar**

Lessons learnt and Areas of Improvement

- Conducting trainings to children with Bamboo shoot experiences helps the participatory learning.
- Youth participation in groups now increased. Parents are now accepting girls to participate in heterogeneous groups.
- Ownership and voluntary involvement in the community issues is very less.

Gaps and Way forward:

Working in association with health departments and with CDPO for ensuring on maternal and child health through quality health services at community level and quality ECCD services mostly on preschool education.

- Need to work more with Health workers for proper functioning.
- Strengthening peer groups and involving parents.
- To ensure quality of food in Anganwadi centres with support of CDPO.
- Enhance teacher's knowledge on abacus.
- More concentration on continuous comprehensive evaluation activities.
- Ensure more focus on drop out children.
- Better livelihood promise through skill training and better financial behavior.
- Imparting financial literacy for Self Help Groups
- Orientation on micro enterprises and self-employment for youth and women.
- Strengthen WASH champions in schools for regular monitoring of WASH facilities in schools
- Strengthen SMC's capacities on WASH facilities
- Sensitize and build the capacity of school/ staff teachers, and Head masters on sanitation facilities monitoring in schools.
- More work with WASH committees for the quality of sanitation facilities in schools
- More children clubs and youth group have to monitor essential services.
- Need to improve male participation in youth group meetings
- More focus on open defecation slums

CSP III Metrics Achievement for FY 15:**CSP III Impact Indicators and its Performance Metrics**

Performance Metrics		Achievements
1. Increase in maternal and child survival	1. 100,000 expectant mothers are prepared to have safe deliveries (PU CAP: 1500)	1662 (up to the month of April)
	2. 250,000 children under two years of age will be fully immunized PU CAP: 2000children(in centers)	1661 (up to the month of April)
	PU CAP: 2000 in community	1661(up to the month of April)
2. Increase in economic opportunities for girls and women	50,000 girls receive market-oriented vocational training PU CAP: 100	95 girls are under training of courses
	500,000 women work their way out of poverty through self help groups (PU CAP: 3600)	3000 up to the month of April)
Increase in Children participation in Governance	5000 children clubs monitor essential services in their community.	400
	PU CAP : 16 (10CC +6YC)	16(10CC +6YC)

Annex 1 - Key Outputs**5. CP – 47: The Right to Adequate standard of living;**

Budget	Rs 26,12,700	Reach	32 Communities/2 Mandals
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Fee support to youth to complete vocational courses with placements _4N11 &12	200 youth from disadvantaged backgrounds	Employment placement rate	200 (Male-105, female-95) youth from CAP Community College
Solidarity groups =4M10	360 self help groups	Financial Literacy training to SHG leaders and book keepers, Monitoring and review meeting	3000 members from 360 self help groups from 32 communities.
Training to Professionals 4M10	PU staff members	Training to PU staff on Financial Literacy	25 PU staff members were trained

CP 48: The Right to Children's participation as active citizen

Budget	Rs 16,91,300	Reach	32 Communities/2 Mandals
Capacity building	Adolescent children	Behavioral changes to adolescent boys and girls.	2700 children from 9 high schools and 2 teen channels.
Training 5C11	Child council members	Reporting mechanism and Corporal punishment services. Training to youth members on gender	
Review Meetings 3A12 & 2L10	Youth members, Child Council Members, SMC, SHG & Anganwadi teachers	Refresher training to youth member on essential services, Bamboo shoots training to youth groups,	60 youth members were trained from 6 clusters 300 youth members from 30 communities were trained 150 youth member, 420 Child Council members, 600 members of child council, SMC members, Anganwadi teachers & SHG members

		Monthly meeting with Youth Groups, Networking session among Youth Groups, Networking session among Child council Groups, Interface meeting with SMCs and SHG and Government structures	
Training to Professionals 5C11	Training to PU Staff , child councils, youth group members on essential services	Training to PU staff on Bamboo shoots, Training to PU staff on Life skills.	25 PU staff members were trained

2. CP – 44: the Right to Early childhood Development and Quality education:

A. Early Childhood Care and Development

Budget	Rs 2654770	Reach	32 Communities/2 Mandals
Preschool committee training-2E10	Anganwadi parents	Monitoring anganwadi centers, school readiness for children	1600 mothers from 80 anganwadi centers
Education policy and practice- 2C11	Anganwadi children	School readiness	640 children from 32 communities

B. School program (Govt schools):

Budget	Rs .26,53,770	Reach	32 Communities/2 Mandals
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Trainings -2H14	Training to government school teachers from 32 schools	The trainings organized on abacus, RTE act, and continuous comprehensive education.	86 teachers and 9910 children from 32 schools
Teaching & learning materials provided-2H11	Teaching / learning aids	23 primary and 9 secondary schools	9910 children from 32 schools
Capacity building sessions- 2H10	School management committees	438 members capacitated school development plan	438 members from 32 schools.

A. Out of school program: (TEEN CHANNEL)

Budget	Rs .16,80,000/-	Reach	32 Communities/2 Mandals
Fee support to dropout children - 2H14	Dropout children	255 children	255 children from 32 communities

3. CP – 45: The Right to Optimal health:

Budget	Rs 7,59,270/-	Reach	32 Communities/2 Mandals
Capacity building sessions- 1A13	mothers	Malnutrition and children Growth monitoring	960 mothers from 32 communities
Capacity building sessions-1A13	Lactating mothers	Immunization and weaning foods	800 mothers from 32 communities
Life skills for adolescents -1H10	School children, adolescents girls and boys	ASRH and HIV	1080 school children, 800 adolescent girls and 800 adolescent boys from 32 communities
Health policy and practice 1C11	Event on safe mother hood day and event on community health with nutrition importance.	Celebration of safe mother hood day and awareness on health	750 pregnant women and 960 mothers

4. CP – 46: The Right to Drinking water and clean environment

Budget	Rs 11,69,400/-	Reach	32 Communities/2 Mandals
Trainings -1F11	WASH champions, SMC members and children	Training to WASH committees	210 children, 30 SMC members and 30 WASH champions from 30 schools.

		on monitoring WASH facilities in schools	
Trainings -1F11	School children	Hand wash, hygiene practices, to Class wise children	Total 8825 (4590-Girls and 4235 boys) from 30 schools
Capacity building-3C11	Anganwadi children	Hand wash, hygiene practices,	2050 Children from 80 anganwadi centers